The Paulton









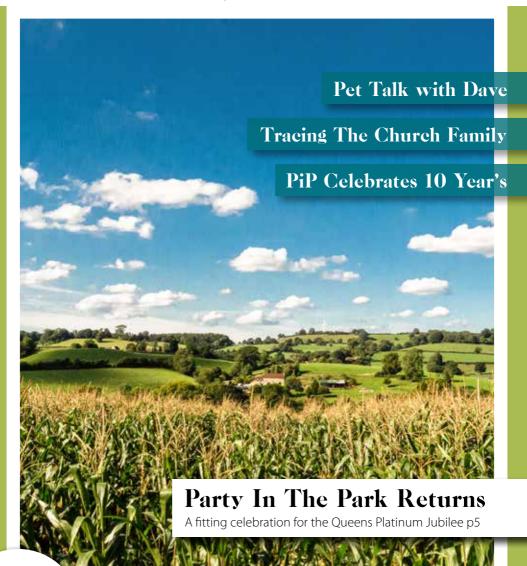




Issue 21

Produced by Paulton Parish Council

Autumn 2022



Plus...

Paulton Magazine Autumn 2022

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Magazine Credits

Editor & Designer: Grant Johnson Production Manager: Carol Hall Advertising: Cathie Shattock

Front page photo credit: Matt York









The Chairman's Report



aulton is looking spectacular at the moment with the wonderful plants and amazing hanging baskets around the Village and in particular along the High Street. This is organised and maintained by our very own PiP – a group of 7 volunteers who look after Paulton all year round. I know that you all appreciate their efforts and join me in thanking them for their time and dedication. You can read more about their work further on in the Magazine.

What a wonderful day it was on Saturday 4th June when Paulton was able to celebrate the Platinum Jubilee weekend at Party in the Park. Thank you to all involved in organising this very successful event, no matter how much you plan you can never plan the weather, but we were lucky and after a blustery start the sun came out and the afternoon was enjoyed by over 2000 people. PiP were there with the 89 decorated corgis on display, more details and photographs can be found in this Magazine. The beautiful metal Jubilee Crown, made by Steve Pitt, was displayed

with the Corgis and this can now be seen on display at the Council Offices.

We held a Remembrance Service for Graham Dix on 9th June when we unveiled a plaque which has been installed by the oak tree planted in his memory. It was attended by Grahams family, friends, and colleagues both old and new, memories of him were shared with everyone and we were served tea and cakes by Paulton Bowls Club. If you are ever at the Miners Recreational Ground then please go and view both the tree and plaque.

On July 2nd It was also 100 years since the Miners Recreational Ground was purchased by the Miners' Welfare Trust, which is now looked after by Paulton Parish Council. This area was bought by the Miners who gave money each week from their pay for the recreation of the local mining community. I was invited by Paulton Bowls Club to take part in both their Open Day and the 100-year commemoration, where a White Hawthorn was planted to commemorate the 100 years.

I hope that those of you who have planned to go away for your holidays arrive there without too much disruption. Have a lovely Summer and fingers crossed for some lovely weather.

Gail Garlick

Paulton Party in the Park



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Celebrating the Queen's Platinum Jubilee in Style

his year we held a really special Party in The Park to mark the Queen's Platinum Jubilee and Paulton came out in force to make it a day to remember. The sun came out and the wind dropped just in time to greet the people and it was estimated that there were in excess of 2,000 people who attended this annual event, even though it was held a month earlier than normal. After the welcome by George Batchelar, the Event Manager, Paulton Infant school dancers made a wonderful performance and were asked if they would do it again as it was so good.

During the afternoon people enjoyed the static Classic and Vintage car display, Zumba dancing, Move Dance and Fitness display and an amazing Martial Arts display. Live music started with Paulton Concert Band followed by Trash Casino and ReD and continued until 9.30 interspersed with Disco DJ – Wheels of Steel.

Pride in Paulton prepared wooden corgis for people to decorate and these were displayed in the park enabling everyone to see what amazing art work was produced by children and adults. It was a very busy area with children looking for their corgi so that they could have a photo taken beside it. This was a really great idea and added to the Platinum Jubilee theme.

Along with Greg & Kelly's bar, there was Dave Willcox Jumbo's Burgers & Baps, Fabrizzias Ice cream van and the ladies of K-Nit & K-Natter produced delicious cream teas and cakes, all of which provided a great assortment of refreshments for all to enjoy.

Paulton Parish Council held a cake competition and the village hall saw entrants for 'Paulton's Junior Star Baker'



and 'Paulton's Star Baker'. Jo Young was delighted to be asked to judge the cakes and had certain elements to consider - presentation, texture and taste and awarded Grace Rogerson winner of the 'Paulton's Junior Star Baker' and Georgie Tyrell 'Paulton's Star Baker'. The winners each received a 'Star Baker' apron and cake slice which will be engraved as a reminder of the Platinum Jubilee.

There was a great variety of stalls, some to tempt you to spend a little money and some for information only. Children could enjoy arts and crafts, have a go at tennis, soft archery or use the very popular bouncy castle.

Next year will see the return of Party in The Park to its usual slot of the first Saturday in July, so please diary 1st July 2023.

Paulton Party in The Park Ltd



Pictured: Grace Rogerson was named Paulton's Junior Star Baker



Pictured: The very popular Corgi trail at the top of the Memorial Park

NEW CLASSES COMING:

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Tracing The Church Family



Pictured: Rick's mother who was born Kathleen Church in London

A Genealogical Mystery Traced Back to Paulton

moved to Bristol from
Herefordshire in 1985, but I have
only passed through Paulton a few
times. My first proper visit to the village
was earlier this year, in May, when I
was met by a reporter from the BBC in
Paulton Cemetery. Why were the BBC
interested in me and why in the cemetery?

My father, Arthur Lovering, married Marie Cremin in 1932. They had no children but split up when Arthur returned home from fighting in Italy in 1945, only to find his wife with another man's baby in her arms. He re-enlisted and was posted in the Far East. In 1947, Arthur met my mum and got her pregnant. He was still married to Marie, so he told my mum to pretend to be his wife. My mother had six children with Arthur and on all our birth certificates, our mother is given as Marie Cremin (even though it was years since she had seen my father!). My parents separated when I was young, and my father died in 1982. Around that time, my mum admitted that she was not married to my dad, but she would not tell us her true identity. We had always suspected that she was not really Marie Cremin, but who was she?

My mother died in 2008 and the secret of her identity remained. With the advent of genealogical websites and the use of DNA matching, we had a chance to solve the mystery. I submitted a DNA sample with Ancestry UK and was given a long list of matches ranging from close family to more distant cousins. My nephew, Tim, had the painstaking task of using those matches to construct and link family trees. Tim eliminated all the matches that were definitely from my father's side of the family and concentrated on the rest, who were probably on mum's side. He would find parents and grandparents, and their siblings, of the matches first, then work forward again to find more children. It took him years of work and it was only in January this year that he informed me that he might have found my mum's grandparents.

I had a Zoom meeting with Tim. He told me he was quite certain that my great grandparents were John Church (1866-1952) from Paulton and his wife Emily Filer (1867-1930) from Clutton. John and Emily had ten children and one of them, Mabel (1896-1964), had moved to London in 1921 and might be my mum's mother. We looked for anyone born in north London in the mid-1920s called Church with a mother also called Church. There was one likely candidate, and I ordered the birth certificate for Kathleen Audrey Church. The certificate confirmed that Kathleen was my mum as she had the same birthday, 12th May, and her mother was Mabel. The baby was brought to Somerset, but Mabel's brothers did not want her to keep it. Kathleen was adopted, so my mum probably did not know her real name either!

"I now knew that my mum's family came from Paulton and wanted to know more."

I discovered through Census records that John Church was a shoemaker. Did he work at Ashman's in Paulton? Both John and his wife, Emily, were buried in Paulton Cemetery, though there is no headstone on their plot. I also discovered that several of their children, my grandmother Mabel's brothers, were also buried in the cemetery. They include Ernest W J Church (1886-1954), Gilbert H Church (1889-1950), Arthur Edwin Church (1890-1964), Herbert

F Church (1900-1972) and Frederick C Church (1907-1907). My nephew, Tim, had already constructed a family tree for the Church family so I now knew that my mum had several cousins who also had children, some of whom, were still alive. I wanted to try to find some of them to see if they could tell me more about the Church family in Paulton and whether they had any photographs too. After seeing an item about DNA being used to trace family members, I contacted BBC Points West about my story and that is how I ended up being interviewed in Paulton Cemetery.

I was hoping to hear from someone after the programme was broadcast, but only got a message from someone I had previously been in contact with, whose mother was a distant relative. I would love to hear from anyone who may know something about this Church family in Paulton.

Rick Lovering prlovering@gmail.com



IN THE NEWS

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Remembrance Events 2022

Saturday 12th November 2022

Dressing of the Graves

The dressing of the graves will take place at Paulton Cemetery from 11:00am





Sunday 13th November 2022

Parade & Service



The parade will commence at 2:35pm, followed by a service around the war memorial at 2:45pm



Somer Valley Walking Festival



Get Your Walking Boots on for this Year's Festival!

n 2022 the Somer Valley Walking Festival enters its sixth year, once more seeking to introduce local people and others, whether they are experienced walkers or not, to the wealth of natural beauty and historic **interest in our home area.** The festival is in two parts:

Saturday 10th September:

There will be three short walks around Paulton, Radstock and Westfield plus a taster session, with poles provided, for those interested in taking up Nordic Walking. There will also be a full-day walk along the Somerset Coal Canal from Paulton Basin to Limpley Stoke with free transport back provided.

Sunday 11th September:

There will be four longer walks (between seven and twelve miles) starting from Conygre Hall, Timsbury, plus another Nordic Walking taster in the morning and a short walk in the afternoon.

Festival Details:

All walks are free except for Nordic Walking (£4.50). Nordic Walking and the Canal Walk on Saturday must be booked via Eventbrite but for the other walks you need only to turn up to register at the starting venue on the day.

For details about the walks, starting venues and times please visit:

www.bathscape.co.uk/events

or look out for our brochure to be distributed locally. Happy walking!

John Bull



Paulton K-Nit and K-Natter

t all started about 6 years ago when I was at home knitting for babies in Africa, they were called "The Fish and Chip Babies", but that's another story, so I will tell you where we are today! Once a month we meet at the Holy Trinity Church in Paulton and are currently 47 members strong! We, of course, knit and knatter whilst eating cake, as well as drinking tea and coffee willingly provided by "The Beverage Boys", that's Tony, Ken, and Dave.

The members all knit for a charity called Life 2 Romania and create 6-inch squares that are then made into blankets together with hats, scarves, gloves, and jumpers to fit all ages, along with pencil cases and toys. We also donate toiletries, socks and pants for all ages, stationery, jewellery, and wool

Empty shoe boxes are provided all year round by local residents and the wool is given to members to take home and start the process all over again. All the items the members bring to our meetings are stored ready to fill the shoe boxes, each containing a Christmas card with a message written in Romanian. We then tie up the boxes ready for Andrew Saxton to collect.

Andrew usually visits us in the Summer and again in the Autumn when he will bring along his television to show us pictures of adults and children receiving



their gifts at the Christmas parties; the look on their little faces is wonderful to see and our members love to see them. He then gives a little talk and a prayer. Andrew's car is then packed ready to take back to Exmouth where the shoeboxes are then loaded for their onward journey to Romania. Our blankets are also taken to be distributed to nursing homes and children's homes and families that Andrew has befriended in the 5 years living there. All through lockdown, our members and other ladies that know all about our work for this charity have been knitting and leaving items in carrier bags on our doorsteps, and it is still happens now! We have said so many times how overwhelmed we feel at the kindness and generosity of people, it has to be the work of God because it just falls into place. Last year we sent 80 shoeboxes ageing from 0-3 months up to teenagers, men, and

women and around 30 blankets. This year we will do 100!

Here are a few more projects we help:

- A Homeless Project in Chilcompton supplying hats, scarves and gloves
- A contact to send children's clothes to Israel
- We have donated blankets to the Dementia Ward in the Royal United Hospital, Bath
- We supplied blankets to Paulton Hospital this year

With the blessings from God and the Holy Spirit, Val, Joy, Jill, Mo, and myself are given the encouragement to cover these shoeboxes with Christmas paper, fill them, tie them, mark the gender and age. We are passing on a little bit of Gods love through doing these shoe boxes and knitting.

Thanks be to God **Jo Young**



Christmas Lights Switch On 2022



Interested in having a stall at this years event? Contact Carol: clerk@paultonparishcouncil.org.uk

Neighbourhood Police Report

Tackling Speeding Issues

ne of the most regular complaints that myself and my colleagues receive is about speeding vehicles in the village. The speed limits are there for a reason, to keep you safe. They are not, as one member of the public recently told me – 'to raise money for the Police when drivers are caught speeding. The council have also invested heavily in speed reduction measures in the village with the aim of keeping us all safe.

There are plenty of documented statistics that prove that inappropriate speed is extremely dangerous to one and all. The speed humps (in Winterfield Road) should rightly slow drivers down and this method of slowing drivers down should not encourage them to aggressively speed up in-between them. It should remind drivers that this is a busy road, used by young and old and by slowing down and keeping to the speed limit you keep yourself and others safe.

Whereas there may still be a need for enforcement to reduce speeding* (I am reliably assured that the Road Traffic Unit are as busy as the next department) I always try to remind complainants that speeding is a community issue. Firstly, we can all slow down and keep to the speed limit. Secondly you can support your community by implementing/joining a

community speedwatch scheme (CSW) This scheme is free, comes with the full support of A & S and has been proved to slow down traffic.

COMMUNITY

UPDATE

CSW also monitors the quantity of vehicles driving along that road which gives local council evidence to support any further traffic calming measures that they may be considering. I am pleased to announce that we have just implemented a new CSW in Winterfield Road. By the time you read this a further 3 CSW locations will have been approved (2 in Farrington Road and 1 in Hallatrow Road).

However, we need more volunteers to positively contribute and fill those locations so that we can all help to make Paulton better. Commitment can be relatively light depending on numbers and availabilities and by volunteering you are making a difference to your community. If you care enough to complain I will encourage you to care enough to want to make that difference and join us. More information is available from the website or speak to a member of your beat team.

*Figures from the website show that in 2021 there were 199,685 camera offences detected and of which 173.523 were for speeding offences (recorded in the whole of Avon and Somerset) so yes there is still a need for speed enforcement

Rob Hendra PCSO 7977



Paulton PCSO Surgeries

e are delighted to be able to accommodate our local PCSO's for their monthly surgery – sounds very dramatic but it really will be a relaxing way to meet the local police, voice any concerns you may have and obtain some really useful information - they have a great book on scams which I would recommend should be read **by everyone.** They have made time to come to get to know the people of Paulton, so come along and get to know them. They are a super bunch of people and I'm sure that they will listen to you and perhaps have solutions.

PCSO's coming to The Hub café the 2nd Wednesday of each month, with the next meetings on:

14th September & 12th October



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On The Buses with Cyril Mitchard

his is the most difficult article I have written for the magazine regarding our local bus services.

Due to printing deadlines, I am writing this on August 5th, and you may be aware through articles in local newspapers that bus companies have announced that from October 9th they plan to cut some local services, some of which will have a big effect on Paulton.

The final plan was due to be announced by First Bus in the week beginning August 8th. The announcement which will affect Paulton will be the axing of the 171 and the 178 services, along with the proposed route changes to the 172 service. I live in hope that by the time you read this we still have a direct 172 service to and from Bath 7 days per week. This I regard as a necessity even if it means a change in the frequency of the service. As for the 178 service, this for many years has been a bit of a problem for First Bus but again I believe we need an hourly 7 day a week service to Bristol. Hopefully this could still happen albeit by maybe changing the route.

Regarding our local service the 82 and the 42 Park 'n' Ride to the RUH, First have decided not to tender for either of these services from the above date. I am confident that another operator will step in to provide these most essential services.

All the above has been brought about

because the temporary subsidies provided by the Government during the Pandemic is being withdrawn from October. There is also a big shortage of bus drivers in the West of England, and I know First are making big financial commitments to solve this problem.

Since being involved for the Paulton Parish Council with our local bus services I have spoken to lots of fellow bus users, and everyone has indicated we need to retain and maybe improve our local services. When I asked people the reasons for using the buses, a lot of people may say it's because the partner has the car today, or the car has broken down, or it's in for service. This implies that it's a backup service. Why not make it your first choice saving on expensive fuel, parking fees and a certain amount of hassle.

There is one certain way to ensure that First Bus cannot abandon more of our services and that is to use them and ensure they are profitable. So please give the bus a go.

Hopefully by the time you read this our local bus services will be more than adequate for a village the size of Paulton

Yours Optimistically, Cyril Mitchard



Forrester Sylvester Mackett

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Jane Healey

Jane is a resident of Paulton and has lived locally for 10 years. Jane was trained by a District Judge and is a Partner with the firm, practising out of our Frome office. Jane always aims to provide clients with an excellent standard of client care and is very client focused. Jane is happy to attend you at your home, if you are unable to attend the Frome office.

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Paulton Library at The Hub

Looking to the Past with Paulton Library

he library is really coming to life for old and young alike which is so encouraging for everyone especially our PAL's (library volunteers) as it is all down to them making the Hub Library so inviting to everyone. Ever thought of finding out where your ancestors came from? Then the library is just the place to get you started – and it's free through Ancestry.com Library Edition.

This enables you to:-

- Access Census returns for England & Wales from 1841 to 1911.
- It has an index to civil registrations of births, marriages and deaths.
- Look at data of family history from all over the world.

Our public computer is free for all to use.

Books on local history of the village and surrounding area is another great place to perhaps find out what has gone on in the past and how it impacts on you today. Coal mining, printing, boot making are just some of the industries that happened in Paulton. The library is a great source of information so come on in and look for yourself.

The Best Years of Your Life is a history of Paulton Schools, Local studies of

Paulton and A walk through Paulton's past are just three of the books held by the library. They are available to read there, perhaps when having a coffee or they can be borrowed. You will also find a couple of really interesting books written by residents of Paulton.

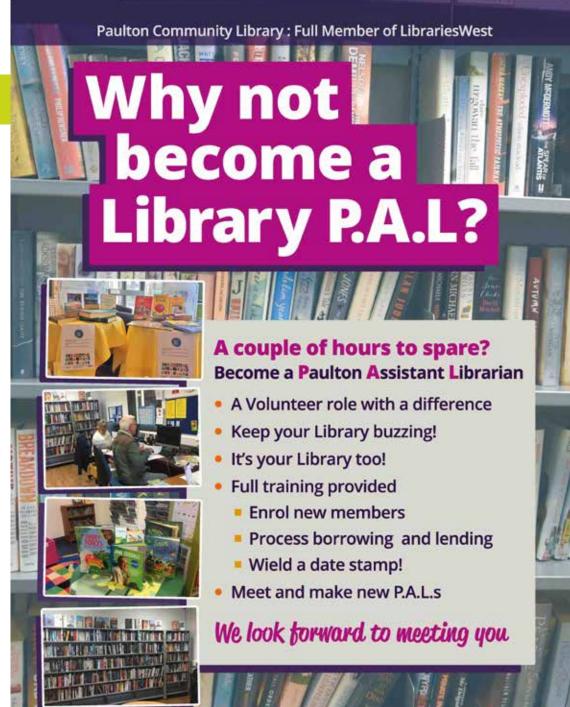


Summer Reading Challenge

oppy Silk, aged 5, is one of our first graduates who has completed the summer reading challenge this year. This means she has read six books since July and we are only on the 9th August. Poppy was presented with her medal and certificate by Library Volunteer Kathleen Still, in front of a very proud mum in The Hub.

Well done Poppy!





Contact Paulton Parish Council **paultonpc@hotmail.co.uk** or email **PALSatthehub@gmail.com** to find out more.

COMMUNITY UPDATE

Pride in Paulton Partnership



Celebrating 10 Years of Pride in Paulton

e were really overwhelmed by the support of Paulton Residents when we asked "who would like to decorate a Corgi for the Platinum Jubilee Celebrations" in June. We received 89 decorated corgis back – these were then all displayed at Party in the Park for everyone to view and enjoy. Some were returned to their owners and the rest were displayed around the Village and became guite a talking point for people who travelled through our Village. Sadly, we experienced some theft and vandalism, so the decision was taken to remove them, and they are now displayed at Bloomfield Residential Centre - the Residents are thrilled to be able to see them around their gardens.

We also appeared on BBCs The One Show (albeit for all of 12 seconds) but our Corgis made it to the national stage!!! Thank you to everyone who supported our project, I think we can all agree, it was a resounding success.

Along with the Corgis, one of our Residents, Steve Pitt offered to make a Jubilee Crown, which was displayed alongside the Corgis at Party in the Park. You can now view this fabulous Crown at the Hub, where it has been installed. On the 21st of June we received a visit from Anslie Ensom, a judge from Bath in Bloom, as we have entered the Bath in Bloom competition. We await the results.

PiP celebrated its 10th Anniversary on 9 July. Can you believe it, we have been looking after Paulton for 10 years now! The photo shows us with Carol Richards (the late Ida Anscomb's daughter).



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Ida recruited Liz Hardman and John Bull and entered Bath in Bloom in 2012 and PiP was born – the 7 of us joined the following year and the 7 of us have been together ever since – we have a combined age of 460!!

I hope you are all enjoying the wonderful hanging baskets this year. There are two different sorts - Amberol and wire. We order the Amberol baskets from a Nursery in Bristol, the Parish Council sponsor these baskets and they are the ones you can see along the High Street. They need watering every 3 days, and we are grateful to the Paulton Parish Council Groundsmen for their assistance with the watering. The wire ones are around the Co Op, we plant these ourselves and they are watered by a watering system which the Co Op agreed to have installed. We are so pleased with the effect that they are having around the Village and thank you for all the kind comments we receive when we are

around and about the Village watering, weeding etc.

The Pip Team

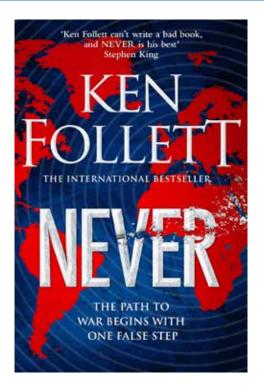
Hilary, Lynn, Hazel, Gail, Becky, Mike, and Haley



Steve Pitt with the Jubilee Crown

Paulton Magazine FEATURE FEATURE Autumn 2022

The Paulton Book Club



NEVER

by Ken Follett

irstly, I should clearly advise that I am not an avid reader and generally restrict such activity to the likes of John Grisham and John Le Carré. However, it was suggested to me

Carré. However, it was suggested to me by my wife that I may find the latest Ken Follett of interest - she was correct.

'NEVER' is an epic thriller although quite

complex in its structure where three differing storylines converge. The theme straddles from the USA, the Sahara based Africa and China, with sprinkles of Korean and European issues.

In the USA we have the first women President (Pauline Green) who has to navigate terrorist attacks, illegal arms trade, and vociferous political opponents. She has to do everything possible to avoid starting a new global nuclear war. In the Sahara Desert we have elite intelligence agents at odds with powerful drug smuggling terrorist intermingled with human trafficking to Europe. In China we see senior government officials with immense ambitions fighting old guard communist hawks whilst trying to control North Korean rebellion leadership.

These issues are both scary and somewhat relevant in our world today unfortunately. NEVER creates anxiety for the reader to envisage a realistic World War Three threat scenario where the authenticity of the writing is particularly frightening, especially with the recent rhetoric surrounding nuclear weapons.

In this story both political and social action is layered throughout. Starting with a seemingly insignificant conflict, the story escalates quickly and irrevocably.

Possibilities analysed and difficult decisions reached on all sides of a potential global annihilation.

Very up to date with sufficient clarity to portray how this world of ours could spiral out of control with deadly consequences. Follett applies his skill of storytelling to a modern chilling conclusion.

At 816 pages long this is a page turner to recommend even though outcomes could potentially be the stuff of nightmares! However, the broad spread of this book over many countries and cultures is what makes it such a stimulating read.

Enjoy.



NEVER was published in 2021 by Pan Macmilla. Page Count: 816

Review by Paul Bancroft

Are you a keen reader?

Why not take part in our book club by writing a short piece about a book you loved reading? We welcome submissions from all ages and reading abilities, so please get in touch with Carol using the email below:

clerk@paulton parish council.org.uk

Dictionary Corner:

Words & Phrases to make you smile

To celebrate the Somer Valley Walking Festival 2022, this edition focuses on the language of ramblers:

'riding Shanks's pony': former phrase for walking; the shanks being one's own legs.

RUPPs: Roads Used as a Public Path - usually in a poor state of repair.

Bothie: a labourer's hut or a mountain refuge, often used by hikers for a breather or for warmth.

Geocaching: the same as tresure-hunting, but for hikers using GPS navigation.

Bivvy bag: a sleeping bag expressly designed for use in the open air.

Misery index: You might have guessed it; the scale of suffering on a difficult walk. Ten means full-on pain and intense longing for the pub. One means you're probably in the pub already.

GORP: an acronym for 'granola, oats, raisins, peanuts' and useful sustenance.

Munro-bagger: Scottish mountains over 3000 feet are called munros, therefore if you complete one, you've got it in the bag.

Compleaters: Those walkers who 'bag' all 282 Scottish mountains; unoffically known as Munro-braggers.

Vitamin I: ibuprofen, the pain killer of choice. Vitamin B is the beer that washes it down.

Pedestrianist: A nineteenth-century form of competitive walking.

Green Fingers with Jackie Hamblin

Finding Water in the Heat

any years ago, I was asked by a client to have a well dug in their new garden. I found a digger and driver willing to do the work, but he would not start until he was sure it was worth his while. After some discussion he went away, then reappeared after half an hour, bringing with him an old man (who could have had a big part as a monk in The Name of the Rose), the latter bearing two metal L-shaped rods. He walked back and forth, holding the rods before him, across the chosen ground until he declared, with utmost confidence, that there was a thread of water the width of his little finger. It was 4m down and below a shelf of rock. The driver was then reassured enough to start digging – and sure enough 4m down and below a fragile laver of rock we saw a tiny trickle of water ooze from the wall of the hole.

The well digging went ahead and within a few days was complete. I keep the story as a reminder of the unexplored forces of nature that surround us, especially as a means to improve our gardening skills. As the year has been so dry, I have been trying to find by dousing, an underground flow of water feeding an area that persistently floods in winter. To no avail. However, I have found two other underground streams I knew nothing

about and the outflow of a soakaway that I used as a test site. From being guite sceptical I am now a firm believer in the validity of dousing for water, something we may need increasingly in the future.

Jobs to do in the Autumn:

- Collect fallen leaves from the lawn. They can be left to rot down in bin bags (with a few holes pierced in them) and used as soil conditioner in a couple of years
- Lift and divide early flowering herbaceous perennials
- Plant garlic. The winter cold encourages the bulbs to split into cloves
- Start planting bare-rooted shrubs and trees ("On St Catherine's Day all wood takes root.")
- Order spring bulbs. Mail order firms provide bulbs in good condition, give a wider choice than shops and often cheaper.

Stipa gigantea, Perovskia atriplicifolia and Phlox paniculata have thrived in



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Paulton Magazine FEATURE FEATURE Autumn 2022

Paulton Art Group: Featured Artist

e aim to introduce a new featured artist each edition, to inspire and educate residents on the joy of being creative!

This edition's artist is Anne Fleet.

judged by a panel to my amazement the confidence to my art and I continud different technique.

Anne in her own words:

I have always loved drawing, my favourite subjects at school were art and geography, I particularly loved drawing detailed maps.

After leaving school I went into a career in law and didn't seem to have any time for art until in my late 20's I rashly decided to enter an art competition. I was required to design various animal characters for a Dutch publication. The competition was

judged by a panel of Dutch artists and to my amazement I won. This gave me the confidence to carry on developing my art and I continued to teach myself different techniques particularly pen work, watercolour, pastels and acrylics.

I then met my husband and we started our own business and my art was again put on hold. Finally when I retired I joined several art groups and continued my artistic development.

I particularly love drawing animals and am often commissioned to do pet portraits. I



Anne Fleet



usually use watercolour, pastel or acrylics. Pen work however remains my favourite medium. I love doing line drawings of architectural subjects and have done several of the local buildings around Paulton and surrounding areas.

I always enjoy taking a sketch book with me when I go on holiday. This gives me reference information for future paintings.

I joined Paulton Art Group in 2013 and I always look forward to Tuesday afternoons. I have benefited in learning new skills and techniques both from visiting artist's demonstrations and advice from other members, and of course have made many friends.





Paulton Magazine FEATURE FEATURE Autumn 2022

Walk on the Wild Side



alking for health both physical and mental, has been one of the mantras that we have all heard during the lockdown periods. However, many of us have walked the area of Paulton for pleasure for many years and now share our favourite walks which can be enjoyed by everyone.

Anne Lyons

Circular walk covering Wickes and Simons Hill

This walk will take you through numerous local footpaths, across fields, one of which has a few cattle, but nothing to worry about. You will see two places where there still exists iron work made at the Evans Foundry. There are good views of the countryside from many points on the walk. Be careful when crossing a couple of roads, but these are really manageable with caution.

Starting outside the Hub in Hill Court Precinct, cross the road using the zebra crossing and walk up Park Road, past The Lamb public house. Take the first turning on the left into Ludwell's Orchard and straight ahead, you will see a footpath, which takes you past the swimming pool on your right and school on your left, this leads into Plumptre Close. Looking to your left you will see a patch of grass by a large tree, here you will enter another lane which leads into Flm Road Cross this road and over the small car parking area into Spring Ground Road and directly opposite you will see yet another lane leading to Rudgeway Road.







Here you can see some iron work from Evans Foundry.



On exiting the lane at Rudgeway Road, cross over and a little way along on the left-hand side you will come to a footpath. Take this footpath and passing through marker stones, enter the field through the gate on the left hand side and follow the well-worn path across the field to the end. Take the middle gate which leads you down the hill with hedging on the left and fencing on the right. You will shortly come to some iron work and some steps – the steps can be a bit tricky so take care.

Go through the kissing gate at the bottom of the steps where you will enter a field. Keeping to the right hand side of the field walk the full length and pass through the small wooded area at the side of a building. At the end of this wooded area you will exit onto the main road. Turning left you will pass Wickes. Keep going and just by the roundabout which leads to the Tesco store, go left up Boxbury Hill. At the end of Boxbury Hill cross over Phillis Hill (some locals call it hospital hill) and enter Monger Lane.







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FEATURE

Monger Lane carries around to the right, but keep straight ahead and walk up the hill. There is a footpath on the left which can be hidden with vegetation, but it is opposite a couple of setback houses on the right so you shouldn't really miss it. Cross the field which will take you into Meadow Road. Turn right and walk up the road until you come to a footpath at Springfield Farm. Walk up the track to the top and bear left to Simons Hill. Traverse down the side of the hill, taking care not to slip on the stony ground especially if it is wet.









At the bottom of the hill pass through a kissing gate and keeping to the right exit the field onto Bloomfield Lane. Cross the lane and enter the footpath at the side of a bungalow called Foxlea. Cross this small field and enter into Ham Grove. Walk to the end of the road and you will come to Ham Lane. Crossing Ham Lane take the first road on your left which is Brookside. Keeping to the left hand pavement, walk down until you come to a path on the left between the houses which will take you up to meet Somerset Way. Cross over Somerset Way and enter the lane opposite. Walk along the lane, but when the lane splits just before some iron work, keep around to the right and you will enter Ashleigh Close. As you walk along you will see that you are now at the back of the Coop in Hill Court where you started your walk.

Pet Talk with Dave Tweedle



Could Your Dog Have Diabetes?

s November is Pet Diabetes
Month, it's a good time to
remind ourselves of the
symptoms of diabetes and how to keep
a diabetic dog in good health.

What are the symptoms of diabetes?

Diabetic dogs usually have one or more of the following symptoms. These are:

- Excessive urination
- Excess thirst (drinking more)
- Excess hunger (eating more)
- Weight loss despite the excess eating

If your dog shows these clinical signs, contact your vet right away. Individually, the symptoms listed above can belong to a number of health problems, so it's still worth seeking veterinary attention if your dog shows one but not all. I.e. Their appetite and weight are fine but they're going to the toilet more often than usual.

What causes it? Does it affect some dogs more than others?

There aren't necessarily any "causes" of diabetes in dogs, although certain lifestyle factors can put dogs at a greater risk. Some of these lifestyle factors, owners have no control over. These include:

- Age (dogs aged 7-10 are most commonly diagnosed)
- Sex (70% of diabetic dogs are female)
- Breed (diabetes is most common in Poodles, Dachshunds and Springer Spaniels)

That said, there's one factor that owners do have control over: DIFT.

A dog who eats an unhealthy diet (and is overweight as a result) is far more likely to develop diabetes than a dog on a healthy diet – the same goes for many health problems, including arthritis and heart disease.







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What goes wrong in a diabetic dog?

Diabetes is an incurable disease where a dog's body can't properly control blood sugar levels. (Blood sugar = glucose.)
Usually, after a dog enjoys a tasty meal, their blood sugar levels increase and they're provided with all-important energy. To make sure blood sugar levels don't get excessive, the body produces a hormone called insulin that works to regulate blood sugar levels and convert glucose into energy successfully.

Diabetes occurs either when the pancreas can't produce insulin (Type 1) or when the body resists or fails to process insulin (Type 2).

What's the prognosis for a dog with diabetes?

If diabetes isn't treated, it can lead to serious health problems.

The good news is that diabetes can be managed and when done so, diabetic dogs can lead long, active and happy lives.

Type 1 diabetes is far more common in dogs. A dog with Type 1 diabetes will need insulin treatments, usually every day for the rest of their life. Giving your dog an insulin injection may sound scary, but your vet will talk you through it thoroughly and provide all the support you need.

If your dog is diabetic, you'll be advised to attend regular check-ups with your vet – just to make sure everything is okay and to pick up on any further health complications before they get worse.

At home, it's useful to remember that a suitable balanced diet can help to keep your dog's blood sugar levels under control. Feeding a healthy diet and keeping your dog at a weight appropriate for their breed is a key part of being a responsible owner – whether your pet is diabetic or not

For more help and advice on managing your dog's diabetes, have a chat with your local yet.



Beat The Landlord

an you beat The Landlord? Greg's from The Lamb Inn, Paulton, has set us five rounds of great quiz games for you to ponder over.

Work them out and write your answers in the boxes below. Good Luck! Answers on page 46 of this magazine.

Greg's hosts his weekly quiz night at The Lamb Inn every Tuesday starting at 9:00pm.



Round 1: Anagrams

Rearrange each of the Anagrams to create another word or series of words. The first part is the clue, followed by the anagram:

1. Popular pub name As knighted Eh!

2. British City As new as

3. Royal Family member Rewind red cap

4. Current Radio 1 DJ Jag merges

5. Something in the freezer Oily cell

Round 2: Mystery Year

Simply match the years to the events, but be careful as there are Nine years to choose from...

Years: 1961, 1985, 1986, 1963, 1950, 1969, 1954, 1958, 1990

6. True Grit staring John Wayne was released

7. Bristol Rovers stopped playing at Eastville Stadium

8. JFK became the 35th President

9. Comedian Lenny Henry was born

10. LOTR: The Fellowship of the Ring was published

Round 3: Spellbound

The vowels are in place. Add the consonants to the empty spaces to reveal the answers, then write your answers in the black spaces.

11. Football Club __O__O__OU___

12. Wine __ A __ I _

13. Current TV Gameshow _ A _ _ A _ _ E _

14. Sport __O_UE_

15. Tess Daley's Husband _ E _ O _ A _

Round 4: General Knowledge

The simply question and answer round.

16. What reptile features on the Alfa Romeo Logo?

17. What M is a flavour made of chocolate and coffee?

18. Who was the first cartoon character to appear on the cover of Playboy Magazine in 2009?

19. Which of the four main throwing events in field athletics has the shortest distance?

20. Tango and which other dance features in the NATO phonetic alphabet?

Round 5: Chart Toppers

Simply identify the No. 1 singles and the artist by their initials. The decade indicates when it topped the charts.

21. 2010's LWYMMD by TS

22. 2000's H by AB

23. 1990's M by RW

24. 1980's P by FA

25. 1970's IFL by DS







Ingredients

60g Self Raising Flour 3 tosp Cocoa Powder

3 eggs 75g Golden Caster Sugar

Filling:

1 Orange - Zest and juice 50g butter

150g icing sugar

icina:

50g Icing Sugar 4 tsp water orange food colouring/gel (optional for decoration)

Method

Step 1: Heat the oven 220c/200c (fan)/gas 7 and then line a 22 x 32cm Swiss roll tin with baking paper/ greaseproof paper. Sieve the flour and cocoa powder together into a bowl and stir. Leave until later.

Step 2: Crack the eggs into a mixing bowl and tip in the sugar. Beat together using a whisk for 5 mins until pale and thick. Using a spoon gently FOLD in the flour/cocoa mixture until everything is the same colour.







Step 3: Gentle pour the mix onto the tray and spread to the corners. Bake for 9-10 mins until springy to touch.

Step 4: Whilst the cake is baking get another piece of baking paper and scatter a little golden caster sugar. When the sponge is cooked use oven gloves to carefully flip it onto the sugar-coated paper. Lift off the tin and peel away the top layer of baking paper.

Step 5: Use the baking paper to roll the sponge into a swirl with the baking paper running through it, then leave the rolled sponge to cool completely.

To make the filling:

- 1. Zest a large orange into a bowl and then squeeze the juice into a glass.
- 2. Cream the butter and icing sugar together then add the zest and orange iuice and mix.
- 3. Open the cake swirl and spread the mixture covering all the area.
- 4. Roll really tightly and cut off any ends that are crunchy.

To make the icing:

- 1. Add the icing sugar to the water and mix until a thick mixture.
- 2. Drizzle mixture over swiss roll to make your decoration. You can add food colouring to make it more spooky.







Paulton Trinity Church



New Life and Renewal

have been in post in your village for two years now, I have met many of you, through weddings, baptisms, and more funerals than I would care to count. But my main mission has been growing the church as something that expresses God's love in the world. From a difficult start, we have found ways of opening up and reaching out, starting to see new life in our church buildings and communities.

We have had cause to reflect and celebrate recently, with the Jubilee and Pentecost (the birthday of the church) coinciding on the same Sunday. These occasions can help point us towards the real expression of love that the church is called to stand for.

The Jubilee, in the old testament, is an economic, cultural, environmental and communal reset, when the land

and people rest, and all those who are in slavery are set free to return to their communities. It is a time when collected wealth and land are returned and people are freed from debt and poverty. The jubilee was a moment of forgiveness as God asks us to share the things He has provided for us in the world.

Pentecost is then the point at which God joins with people, changing their hearts in such a way that they can share His message, and share their wealth in the way that the Jubilee implies.

These occasions mark out a way of life that, if carried across the world, can bring balance and renewal to a planet that is becoming increasingly divided and hostile.

Our church communities are growing, and so is the understanding of love and generosity as the way forward. If you would like to know more about these ideas then please feel free to get in touch through Paulton-benefice.org.uk or come and see us on a Sunday.

Every blessing, **Rev. Adam Pitt**

For more information please visit: http://paulton-benefice.org.uk

Paulton Methodist Church



FAITH

GROUPS

have recently returned from my sabbatical. The Methodist Church gives it's ministers a three-month sabbatical every 7 years, where we are released from our normal responsibilities, and are encouraged to do something new that will refresh **us.** I spent much of my time in Spain, firstly observing the Easter celebrations, and then walking the Camino Frances, a pilgrimage route from the Pyrenes to Santiago de Compostella. This was a wonderful experience, where I met and shared conversations with many interesting people from all over the world. I walked 370kms, averaging 20km per day, each day starting before the sun rose, and finishing around midday, before it got too hot to walk.

I realise that a sabbatical is a gift which very few people experience during their working lives. But we all need to find times of rest as part of our busy lives. In days gone by, Sunday was a day when all the shops were closed, and there was very little to do, and so it was a natural period of rest that was enforced upon us. Now, for most people, Sunday is little different from any other day, and can often be as busy or even busier than the other days of the week. But wherever and whenever we are able, it is still important for everyone to find some time within their busy schedules to take a regular time of rest, a weekly "sabbath rest". It is necessary for our mental as well as physical health.

The church has continued to meet in my absence, and we are very pleased that the floor in the Wesley Hall has now been replaced following a flood at the end of last year. It has frustratingly taken a long time to replace, but the Hall is now open following it's own "sabbatical", and we are once again welcoming hiring enquiries from local organisations and individuals.

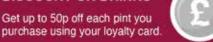
Jesus said, "Come to me, all you that are weary and are carrying heavy burdens, and I will give you rest" (Matthew 11 v 28). May we all seek the peace and refreshment which God offers us in the midst of our busy lives, and rejoice in it, whether we find it in church, at home, or walking a hot and dusty pilgrim pathway in a distant country.

With every blessing,
The Revd Martin Slocombe
martin.slocombe@methodist.org.uk

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Paulton Rovers Round Up



s the pre-season programme draws to an end we are pleased with the progression of the squad since we started back in at the end of June. As always at this time of year there are comings and goings; Paul Tovey and I have been really pleased with the loyalty shown with the players we wanted to retain for the 2022/23 season. Following a very positive and impressive season last year we had interest from other clubs but credit to the team as they are all buying into what we are trying to achieve here, as we look to keep evolving and improve on last season's 9th position finish.

As we approach the first game of the season we are really pleased with our new additions, all of whom have all contributed greatly to the ethos of our new squad. We were in the play-off places for half the season last year which is great credit to all however we are looking to be more consistent over a longer period of the season.

I want us to be a lot more solid as team. conceding far less goals than last year, continue to play in the right way and score lots of goals. The lads are looking forward to getting the season under way now after a gruelling pre-season schedule.

We hope to see all the Paulton faithful back in the ground on the 13th safe and well. Let's stick together, get behind the lads and hope to be competing towards the top of the table for the majority of the campaign.

I would like to end by highlighting the amazing achievement of our Lionesses in the European Final. They are an inspiration to us all, and I really hope that this leaves a lasting legacy for future generations. Football is for everyone and I'm so proud it has finally come home after several years of hurt

John Rendell First Team Manager



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Quiz Answers: Round 1: 1. The Kings Head, 2. Swansea, 3. Prince Edward, 4. Greg James, 5. Ice Lolly

Round 2: 6. 1969, 7. 1986, 8. 1961, 9. 1958, 10. 1954

Round 3: 11. Stockport County, 12. Chablis, 13. Taskmaster, 14. Croquet, 15. Vernon Kay

Round 4: 16. Snake, 17. Mocha, 18. Marge Simpson, 19. Shot Put, 20. Foxtrot

Round 5: 21. Look What You Made Me DO by Taylor Swift, 2. Hallelujah by Alexandra Burke, 3. Millennium by Robbie

Williams, 24. Perfect by Fairground Attraction, 25. I Feel Love by Donna Summer

Your Council

Current Parish Councillors

Councillor Name:

Gail Garlick - Chairman of Paulton Parish Council

Grant Johnson – Vice-Chairman of Paulton Parish Council Chairman of Park & Amenities

Terry Bridgeman

Paul Bancroft - Chairman of Staffing

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David Garlick

Liz Hardman – Chairman of Planning & Highways

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Events	13 th	11 th	8 th		10 th			
Parks & Amenities		18 th			17 th			18 th
Planning & Highways	13 th	11 th	8 th	13 th	10 th	14 th	14 th	11 th
Hub committee	27 th		22 nd		24 th		28 th	

Schedule of Parish Council Meetings 2022/2023



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